



ಕೇಂದ್ರೀಯ ವಿದ್ಯಾಲಯ ಬಿ.ಇ.ಎಂ.ಎಲ್. ನಗರ  
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Dear parents,

01.05.18

Ref. No. F/

Warm greetings!

Date

दिनांक : \_\_\_\_\_

Summer has set in and with it summer holidays. As children are going to spend next two months with you, here are few tips to make these holidays fruitful for them and satisfying for you.

\*'Happy family Happy society'. Spend quality time with your children. Develop healthy family relations by narrating anecdotes of your childhood and tell them about your family history.

\*Allow them to do works on their own and help them grow independently.

\*'Friend in need is a friend indeed'. Help your children renew their friendship with their neighbours and relatives.

\*Grandparents are a true heritage for children. Give them time and space to develop emotional bondage with their grandparents.

\* Help them widen the skills to develop a small garden and try a hand in composing verses. This will help them remain close to nature.

\*Keep your children away from TV, mobile and computers. Instead motivate them to play out door games and stay healthy. Healthy mind resides in a Healthy body.

\*Reading habit may be developed among your children. This will add to their treasure of vocabulary.

\*Keep them away from junk food. Let them relish their handmade food and rejoice in serving others.

\*Be thankful to God for giving you wonderful children. Guide them to grow and reach zenith of their life.

It is our duty to nurture our children to become responsible citizens.

**With good wishes for a marvelous vacation.**

Dr(Mrs) Rubina M R

Principal

प्राचार्य/PRINCIPAL

केन्द्रीय विद्यालय/Kendriya Vidyalaya  
बी.ई.एम.एल. नगर/BEML NAGAR